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The Tiverton Senior Center



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APRIL 2024

Please Join Jill on Thursday, April 4th at 10:15 a.m.

Early American Art - Everyday Life

Art For Your Mind is an engaging, educational, art observation experience designed to broaden the minds of its participants. Presentations are for people of all backgrounds – artists and non-artists alike. The featured topic, **Early American Art - Everyday Life**, offers an opportunity to enjoy genre paintings – scenes of ordinary people. From farm dances to labor movements, experience charming and often compelling visual stories of America’s growth and change during the 19th Century. Join local art historian Jill Sanford for an enjoyable hour of challenging yourself to see in new ways!



URI Pharma Outreach presents: Memory ~ Thursday, April 11th at 10:15 a.m.

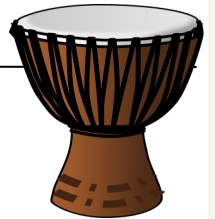
As we age, memory seems to be one of the casualties. But it doesn’t have to be about age. Medications, medical conditions, and other factors may cause memory problems. Find out how to combat memory loss and keep your mind agile for years to come.

OUR TEAM:

Janet Holmes
Director



Kristen Vincelette from **Creativity With Color** will be leading us once again to create **“Your own MASTERPIECE!”** Come join the fun on Friday, April 12th at 1:00 p.m. and create your own Springtime painting. Sign up in the office; \$15 per person. Come vote for your favorite!



Angela DaPonte
Assistant Director

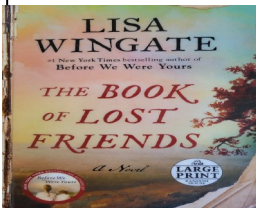
THE BEAT GOES ON.....

SPECIAL EVENT: DRUM CIRCLE with SIDY Come join master drummer, Sidy Maiga, for an afternoon of Traditional Malian music. Drum along on hand-made African drums. Join the fun on **Friday, April 19th at 1:00 p.m.** This special event is sponsored by a grant so there will be no charge to participants. **Sign up in office**

Betsy Sowin
Office Assistant

COME JOIN OUR BOOK GROUP: With assistance from the Tiverton Public Library, April’s book is: **“The BOOK of LOST FRIENDS”** by Lisa Wingate

Paul Anderson
Bus Driver



Our next meeting will be on **Tuesday, April 16th 10:15 a.m.** New members are welcome at any time. Suggestions on authors & books are gladly accepted. Large Print Books are available in office. **All are Welcome!**

Phil Ferreira
Manny Fontes
Maintenance

Nanci Lambert
Dining Assistant

**PLEASE JOIN US Saturday, April 27th,
9 a.m. to 2 p.m., for:
OUR ANNUAL SPRING
CRAFT FAIR & PLANT SALE!!!!**



ACTIVITIES AT A GLANCE

TOPS – Monday at 9:00 a.m. in Game Room

Learn Ukulele Monday 1-2 p.m. \$20 for 6-week session

Functional Fitness with Deb—Mondays & Wednesdays 9 a.m. and Fridays at 10:00

Quilting for Charity meets every Monday at 10:00-3:00 p.m.

Pitch League- Hi, Lo, Jack meets Mondays at 12:30-3 p.m.

Chair Yoga with Shirley—Tuesday’s at 9 a.m. Class fee is \$3 per class.

Drums Alive! with Jessica-Tuesdays at 12:45 p.m. Class fee is \$3 per class.

Paint with Shawndavid Tuesdays 2:00-3:30 pm \$25 for 6-week session

Book Club Tuesday, April 16th at 10:15 a.m. : “The BOOK of LOST FRIENDS”

Mahjongg– Tuesdays and Fridays, 11:00 a.m.-3 p.m

Wednesdays: 12:30-3 p.m. Cribbage (Game Rm)

Chorus –Wednesdays at 12:30 in the Lounge

Balance & Mobility with Jess-Thursdays at 9:00 a.m. Class fee is \$3 for members

Center Meeting will be held on Thursday, April 25th at 10:15 am

Technical Assistance with Kristin, Thursdays 10:00 a.m.

BINGO-Thursdays!!! 1:00-3:00 PM Start Promptly at 1:00

Knitters for Charity-Thursdays at 1:00-3:00 p.m.

Zumba with Jessica—Fridays at 8:45 a.m. Fee is \$3.00 per class; Game Day 1-3pm



**Thursdays @ 1:00 SHARP!
April 4, 11, 18, 25**



**MARK RUDD'S
CLASS ON FREE
SOFTWARE &
RESOURCES.
WED, APRIL
10TH AT 10AM**



Kristin Amaral, Technology Coordinator from the Tiverton Public Library: Kristin will be available on Thursdays beginning at 10:00 a.m. Kristin can help with your technological needs: cell phone, etc.



CARE GIVER SUPPORT GROUP

Alzheimer’s and Care Giver Support Group will meet on **Mondays, April 8th and 22nd** from 2:30 to 3:45p.m.; Nurse Care Manager: **Janet Grapentine** facilitates this group. **New care givers are always welcome.**



Our next Center Meeting will be Thursday, April 25th at 10:15 a.m. All members are invited to attend.



Blood Pressure Check with Terri
Visiting Nurse Home & Hospice~
Thursday, April 18th 10:00-11:30 a.m.

**Enjoy the Music of
Sandy Cook
Wednesdays
12:30—3 p.m.**



APRIL 2024!

Janice Warren	01	Joyce Freitas	14	Craig Henderson	24
Rob Berube	03	Pauline Viveiros	14	Patricia Medeiros	25
Rose Marie Teixeira	06	Jean St. Pierre	15	Mary Bender	26
Marianne Manzi	07	Ana Roias	15	Kathleen Macedo	26
Susan Pimental	08	Patricia Martin	16	Karen Wedge	27
Nancy Chace	09	Nancy Carignan	19	Yuri Cabral	28
Debra Gagnon	11	Donald Raposa	20	Katherine Caramos	29
Loren Bryan	12	Ernest Mercier	20		
		Nancy Said	22		

